

Camp Staff



Eric Folmor
Penn State University
Recruiting Coordinator
Infield/Hitting



Kevin McMullan
University of Virginia
Assoc. Head Coach
Catching/ Hitting



Jeff Ditch
Indiana University of Penn.
Head Coach
Pitching/Hitting



Danny Lopaze
University of Pittsburgh
Recruiting Coordinator
Pitching/Hitting



Tom Walter
Wake Forest
Head Coach
Pitching/Hitting



Shawn Pender
Cincinnati Reds
MLB Advanced Scout
Infielding and Hitting

All Star Baseball Academy
52 Penn Oaks Drive
West Chester, PA 19382

ALL STAR BASEBALL ACADEMY'S

**2009 Keystone State
College Coaches Camp**
Featuring



Saturday November 21, 2009
White Township Athletic Complex
Indiana, Pennsylvania
Hosted By
All Star Baseball Academy
52 Penn Oaks Drive
West Chester, PA 19382
610-399-8050 Phone
610-399-8553

Camp Itinerary

2009 Keystone State Coaches Camp Itinerary

Session 1– Saturday November 21, 2009

8:30am-1:00pm

Registration	8:30 a.m.
Stretch & Warm Up	8:45 a.m.
60 yd. Dash	9:00 a.m.
Defensive Rotations	9:30 a.m.
Catchers, MIF, OF, Corners, Pitchers	
Break	10:30 a.m.
Offensive Rotations	10:40 p.m.
Camp Ends	1:00 p.m.

Session 2– Saturday November 21, 2009

12:45pm -5:15 pm

Registration	12:45 p.m.
Stretch & Warm Up	1:00 p.m.
60 yd. Dash	1:15 p.m.
Defensive Rotations	1:45 p.m.
Catchers, MIF, OF, Corners, Pitchers	
Break	2:45 p.m.
Offensive Rotations	2:55 p.m.
Camp Ends	5:15 p.m.

Please be sure to bring all appropriate and necessary baseball equipment. We highly recommend wearing baseball pants, belt, socks and hat to the Keystone State Coaches Camp.

Camp Information

2009 Keystone State Coaches Camp Information

Camp Overview

The 2009 Keystone Coaches Camp is designed for the committed high school baseball player. The emphasis of the camp will be to develop individual skills through instruction. All instruction will be done by our great staff of college coaches and ASBA instructors. All Aspects of baseball will be covered and available for each participant. Players can choose a specific skill to work on in the first half of the session. Hitting will be the main focus in the second half from live batting practice, cage work, bunting and small group mechanical seminars.

Cost: \$175.00 per session

All personal checks should be made out to ASBA . We also accept Visa, Master Card. Please be sure to return the registration form with payment to the address on the cover of this invitation. For your convenience we can accept registration and credit card payments over the phone. **A confirmation email will be sent to you with our refund policy and medical waiver after we have received your registration and payment.**

Lodging Information

For all participants and families traveling from outside the area, we have provided two hotels to choose from. The hotels listed below are within 15 minutes of White Township Athletic Complex.

Hampton Inn 724-349-7700

Comfort Inn 724-465-7000

From Pittsburgh/Greensburg:

Route 22 to Indiana Exit (Route 119 North). Follow 119 North past Homer City. Take the Indiana/Clymer exit (route 286). Follow exit ramp to traffic light. Turn left at traffic light onto East Pike. Rink is ½ mile on the left.

From Ebensburg (East):

Follow Route 422 West into Indiana. Take Route 119 North Exit. Take Indiana/Clymer Exit (Route 286). Follow Exit ramp to Traffic light. Turn left at Traffic light onto East Pike. Rink is ½ mile on the left.

From Philadelphia / (East)

76 West to exit 146 (rt. 220). Turn left onto Business 220/US 220. Take exit 28 to merge onto rt. 22 W toward Hollidaysburg/Ebensburg. Take the exit towards Loretto. Turn slight left onto US 422 to Sixth Street/PA 954 exit. Turn right at S 6th street /Pa 954. Turn right at PA 286/Phila St. Turn right on E. Pike Road.

**Address of White Township Athletic Complex:
Please use this address for your GPS systems**

**White Township Athletic Complex
497 East Pike Road
Indiana, PA 15701**

Registration

Name _____

Address _____

Phone _____ - _____ - _____

Email _____ @ _____ . _____

Height _____ Weight _____

Primary Position _____

Secondary Pos _____

Bats R L S

Throws R L

SAT _____ GPA _____

Grad Yr. _____

School _____

Coach _____

Phone _____ - _____ - _____

Summer Team _____

Fall Team _____

Circle Session 1 Session 2